

2023-2024

# Report to the Community

Honoring Our Legacy, Embracing the Future.
175 Years of Community Impact

## Content

- Executive Letter
- Talent Network Growth
- 5 Confronting
  Domestic Violence
- Expanding the Psychiatric Rehabilitation Program
- Raising a Glass to Harford County Programs
- Celebrating Our 175th Year
- 10 Youth Training Center Development
- **11** Empowering Our Youth
- 12 Financial and Client Services Snapshot
- 13 Sponsorships & Donors

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**Ursula Young**Director of Psychiatric
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## Dear Friend,

As we celebrate our 175th year at Springboard Community Services, we want to take a moment to reflect on some of the incredible work we've accomplished and invite you to join us. Our journey in making Central Maryland a better place for all has been one of dedication, growth, and transformation, and we are so proud of what we've been able to achieve together.

This year, we've expanded our reach in exciting ways, as we develop the Youth Training Center where we will empower the next generation by providing safe housing, behavioral health, case management, mentorship, and hands-on vocational training and life skills. This center will serve as a launching pad for young people to develop life skills and gain meaningful career experience, ensuring they are ready to enter the workforce and contribute to their communities.

We're also broadening the scope of our behavioral health services with the provision of the Psychiatric Rehabilitation Program (PRP) in Harford County, facilitated by newly developed partnerships with community organizations. With PRP, we are reaching more clients who need mental health support, offering services that help them develop the skills necessary for independent living and personal success.

In Carroll County, our team continues to support survivors of domestic violence through advocacy and community awareness. Events like "What Is Love?" bring attention to the importance of preventing domestic violence and honoring survivors. Moreover, we're working with Carroll County's judicial leaders to protect and support children impacted by all forms of abuse, ensuring they have the resources they need to heal and thrive.

At Springboard, we also take great pride in nurturing our own talent. In Howard County, we have converted several interns into full-time therapists, creating an ecosystem of employment growth and opportunity. These talented professionals now serve as vital resources for our clients, bringing fresh perspectives and passion to their work. Additionally, we've made significant strides toward addressing Intimate Partner Violence (IPV) in the county and are taking the first steps to establish a Howard County Safe House, a sanctuary for survivors seeking refuge and healing.

In Baltimore City, our Youth Advisory Board (YAB) and workforce development programs are helping young people find their voices and build brighter futures. Our drop-in center continues to provide immediate support for individuals in distressed situations, offering critical resources and case management to help them start and succeed in their journey toward stability.

We invite you to join us in these efforts by considering a donation to Springboard Community Services. Your support enables us to expand these life-changing programs, making Central Maryland a safer, healthier, and more vibrant community for us all. Together, we can continue building a brighter future.

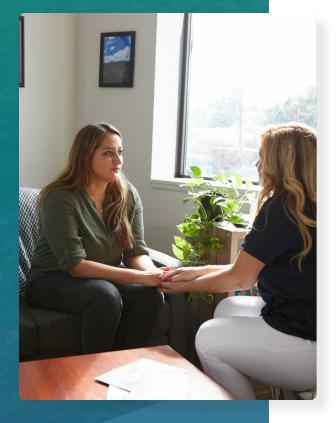
With Gratitude,

F.T. Burden, CEO

Angela H. Dale, Board President

"What gives me hope in these tenuous times is the knowledge that there is precedent for change and there's precedent for hope. Hope has bred change again and again."

- Ava DuVernay, Filmmaker







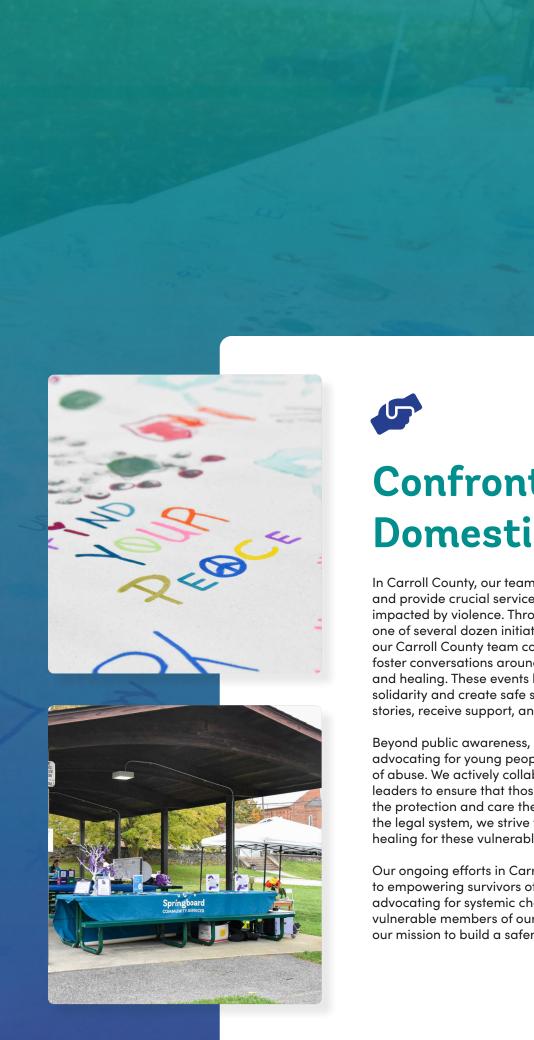


# Talent Network Growth to Better Serve Our Community

Springboard Community Services continues to make significant strides in Howard County, fostering both employment growth and expanded support for those affected by violence. One of our proudest achievements is developing an ecosystem of opportunity by offering qualified interns the opportunity to become full-time therapists. This approach not only provides education, training, and mentorship for emerging talent but also strengthens our ability to better serve our clients. By investing in the professional growth of our interns, we ensure that our community is supported by highly trained, compassionate professionals.

In addition to workforce development, we are deepening our focus on addressing Intimate Partner Violence (IPV) in Howard County. Our expanded efforts include outreach, advocacy, and support services to survivors of IPV, aiming to create safer environments for individuals and families impacted by violence.

We've also expanded our support to families impacted by intimate partner violence, allowing them to live safely in the community while rebuilding their independence. Resources like this are a vital component of our mission to provide safety, healing, and hope to those in need. Our ongoing work in Howard County reflects our commitment to building stronger, healthier communities through comprehensive support and opportunity.



## **Confronting Domestic Violence**

In Carroll County, our team works tirelessly to raise awareness and provide crucial services for individuals and families impacted by violence. Through events like "What Is Love?"— one of several dozen initiatives hosted throughout the year—our Carroll County team continues to honor survivors and foster conversations around domestic violence prevention and healing. These events bring the community together in solidarity and create safe spaces for survivors to share their stories, receive support, and find resources for recovery.

Beyond public awareness, our team plays a key role in advocating for young people and adults impacted by all forms of abuse. We actively collaborate with Carroll County's judicial leaders to ensure that those facing violence or neglect receive the protection and care they need. By working closely with the legal system, we strive to create pathways to safety and healing for these vulnerable children and families.

Our ongoing efforts in Carroll County reflect our dedication to empowering survivors of violence, raising awareness, and advocating for systemic change to better protect the most vulnerable members of our community. We remain steadfast in our mission to build a safer and healthier future for all.



# Expanding the Psychiatric Rehabilitation Program

We continued the expansion of our behavioral health services with the opening of our Psychiatric Rehabilitation Program (PRP) in Harford County, aimed at serving more individuals in need of mental health support. This program provides essential services to help clients develop the skills necessary to manage severe mental health conditions, achieve personal goals, and lead independent lives.

As part of our commitment to expanding access to care, we are actively working to extend our PRP services into Harford County. This includes optimizing outreach material to make it more comprehensive and bilingual. This builds strong partnerships with local organizations, healthcare providers, and community stakeholders to ensure we can meet the growing demand for mental health services in the region.

By collaborating with community partners, we aim to broaden our reach, providing individuals with greater access to the tools they need to navigate daily challenges, maintain stable mental health, and live fulfilling lives. We accomplish this by providing services in a client's natural environment that transcends the four walls of our offices and meets people where they are. This expansion will enable us to serve more clients and continue our mission of supporting the mental health and well-being of individuals across central Maryland. For more information about our PRP services, visit our website or contact us directly.



#### **RAISE A GLASS TO**

## **Harford County Programs**

Last year's Harford County Wine Affair was a tremendous success, thanks to the dedication of our Harford County Advisory Board and the leadership of Advisory Board Chair Mary "Scootsie" Hatter along with Olivia Woodward, Director of Client Services in Harford County. This unforgettable evening brought the community together to celebrate and support the vital programs and services offered by Springboard Community Services. Attendees enjoyed fine wine, live music, and heartfelt moments highlighting the impact of our work in Harford County.

The Wine Affair not only raised critical funds but also deepened connections with our community partners and supporters, making a lasting impact for years to come. We are grateful to all who attended and supported the event, and we look forward to another incredible gathering in the future as we continue to serve Harford County with hope, resilience, and compassion.















## Celebrating Our 175th Year

Throughout our 175th year of service, Springboard Community Services remains committed to strengthening the lives of individuals and families throughout central Maryland. From our beginnings in 1849 to the comprehensive services we provide today, our agency has evolved to meet the diverse needs of the communities we serve. A 5-minute brief history of our organization, created in collaboration with Baltimore Historian Johns Hopkins, captures this incredible journey and reflects our dedication to community and mental health services. We encourage you to view this brief video to learn more about how Springboard has made a lasting impact.

This year, we also hosted our annual Harford County Wine Affair, a memorable event that brought together community leaders, partners, and supporters. The affair not only raised funds for critical programs but also fostered stronger connections with local partners in our ongoing efforts to make a greater impact in Harford County. We are grateful for the community's generous support and look forward to building even stronger ties as we continue this important work.

Additionally, Springboard staff came together for Denim Day, proudly wearing denim to show solidarity with survivors of sexual assault. This symbolic gesture is just one of the many ways our agency unites in support of survivors, demonstrating our commitment to promoting safety, healing, and justice for all.

As we reflect on 175 years of service, we are grateful for the trust placed in us and remain steadfast in our mission to provide transformative behavioral health and case management services to those in need. We look forward to continuing this vital work for many years to come.



















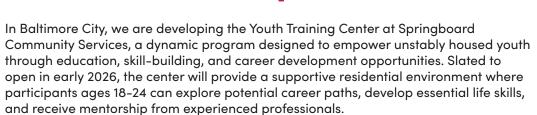








# Youth Training Center Development



Programs at the Youth Training Center will include job readiness workshops, vocational training, and career counseling. Participants gain hands-on experience in various fields such as technology, healthcare, and culinary training ensuring they leave with valuable skills to enter the workforce. Additionally, the center will offer resources for continuing education, including GED preparation, college readiness programs, and scholarship opportunities.

The Youth Training Center will also emphasize personal development and mental wellness, offering support groups and individualized guidance to help participants build confidence, resilience, and emotional intelligence. By providing a comprehensive approach to youth development, the center aims to equip young people with the tools they need to lead successful, independent lives.

Through partnerships with local businesses and organizations, the Youth Training Center connects participants with internships and job placements, helping to bridge the gap between education and employment for youth in central Maryland.











## **Empowering Our Youth**

The Springboard Baltimore City team is dedicated to empowering the city's youth and supporting their bright futures. Through key initiatives like our Youth Advisory Board (YAB) and workforce development programs, we engage young people in meaningful opportunities that help them build life skills, gain career readiness, and take active roles in shaping their communities. Our commitment to youth extends beyond these programs as we continue to collaborate with community partners to create pathways for success, ensuring that Baltimore's future leaders are equipped with the tools they need to thrive.

In addition to youth-centered supportive services, our drop-in center in Baltimore City plays a pivotal role in providing immediate support to individuals facing distressed situations. This center offers a safe space where individuals can access critical resources, receive guidance, and begin accessing services such as case management, behavioral health, and housing. Our team works diligently to connect clients with the services they need to achieve long-term stability, including housing, behavioral health services, and employment support.

By championing youth and addressing urgent needs in the community, our Baltimore City team is making strides in creating a stronger, more supportive environment for all. Together, we are helping to build a brighter and more stable future for the city's residents.







## **FISCAL YEAR JULY 1, 2023-JUNE 30, 2024**

## Financial Snapshot

## **SUPPORT & REVENUE**

Contributions: \$196,384 Grant Revenue: \$11,102,265 Program Fees: \$1,922,341 Investment Income: \$945,080 Other Income: \$823,974

Total Support & Revenue: \$14,990,044

### **EXPENSES**

Behavioral Health Programs: \$2,606,366 Case Management Programs: \$2,836,753

Housing Programs: \$1,646,948 **Total Program Expense:** \$7,090,067

Management & General: \$1,517,071

Fundraising: \$362,919

Total Management & Fundraising: \$1,879,990

Total Expenses: \$8,970,057 Net Surplus: \$6,019,987 Percent of Total Expenses: 21%

## ASSETS, LIABILITY & NET ASSETS

Short-term assets: \$4,769,238

Property, Plant and Equipment: \$8,888,941

Investment Assets: \$8,570,855

Other Assets: \$105,189 **Total Assets:** \$22,334,223

Current Liabilities: \$873,241 Long-term Debt: \$1,585,088 Deferred Income: \$72,093 Total Net Assets: \$19,803,801

Total Liabilites and Net Assets: \$22,334,223

## Client Services Snapshot

## Financial Assistance # Meetings # Clients (As in MyEvolv)

670 Financial Assistance Request both SCS (442) and NON-SCS (228) for 231 unique clients

Counseling Sessions # Sessions # Clients 11207 qualifying, billable sessions with 667 unique clients

Crisis Intervention # Meetings # Clients 313 Crisis Intervention sessions with 223 unique clients

#### # of Victims of Crime Served

1460 Unique, primary VOCA defined victims of crime and 26731 unique service contacts to those victims

#### Psychiatry # Sessions # Clients

1395 Medication Management events with 271 unique clients

Youth Served in YRC (age 13-24 and defined by Drop-in Program enrollment and YRC Modifier)

26 Unique, unduplicated served

#### **OTHER NUMBERS TO CONSIDER**

#### **Drop-In Services**

831 Qualifying Drop-in Service Contacts entered with 167 unique clients

#### Supportive Housing

1977 Unique Service type contacts for 61 unique clients



## **Sponsors and Donors**

#### PATRON (\$5,000+)

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Renaissance Charitable Foundation-The Lifson/ Thorner Family

Standard Insurance Company Thalheimer-Eurich Charitable Fund. Inc.

**Truist Foundation** 

United Way of Central Maryland

## **BENEFACTOR** (\$1,000-\$4,999)

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ET Burden

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**Charities Aid Foundation** 

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(\$500-\$999)

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## Our Future in Motion